

Welcome!

Alaska's farmers grow some of the best produce in the country. Fresh fruits and vegetables are an essential part of good nutrition. The Alaska Farmers' and Senior Farmers' Market Nutrition Program introduces WIC participants and eligible seniors to produce grown in Alaska. Through this program, participants are issued coupons and vouchers that they can exchange for Alaska-grown fruits, vegetables and herbs at local Farmers' Markets and farm stands. The program helps Alaska's economy by bringing new customers to Alaskan farmers who sell their products directly to consumers. The USDA and the State of Alaska fund this program.

We encourage participants to keep this brochure as a useful resource for using Farmers' Market Nutrition Program coupons and Senior Farmers' Market Nutrition Program vouchers and Fruit and Vegetable Vouchers.

Enjoy!



State of Alaska
Department of Health & Social Services
Division of Public Assistance
Nutrition Services
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2015 farmers market nutrition program



kenai sales locations



Alaska WIC Senior &
Farmers' Market
Nutritional Program
(907) 465-3100

Kenai Locations

Farmers Fresh Market

Kenai Peninsula Food Bank

June—Sept / Tuesday / 3pm—6pm

Participating Farmers:

- Abundant Blessings
- Dandelion Acres
- Grandma's Garden
- O'Brien Garden & Trees
- Valley's Bounty
- My SF Garden
- Northern Lights Mushrooms
- Borealis

Kenai Saturday Market

Kenai Visitors Center

June—Sept / Saturday / 10am—5pm

Participating Farmers:

- Valley's Bounty
- O'Brien Garden & Trees

My SF Garden

42785 Siira St., Kenai

Wednesday-Friday / 2pm—7pm

Dandelion Acres

4412 N. Dogwood

May—Sept / Open Daily

Homer Locations

Homer Farmers' Market

Ocean Drive across from Washboard

June—October / Saturday / 10am—3pm

July—October / Wednesday / 3pm—6pm

Participating Farmers:

- Luba's Garden
- Sweet Berries
- Lucky Star Gardens
- Twitter Creek Gardens
- Snowshoe Hollow Farm
- Will Grow
- Evfemia Reutov
- Spruce Top
- Back to the Garden

Seward Locations

The Grazing Moose

312 5th Avenue, Seward

June—Sept / Thursday / 10am—4pm

Soldotna Locations

Central Kenai Peninsula Farmers Market

Soldotna Elementary

June—Sept / Saturday / 10am—2pm

Participating Farmers:

- Borealis
- Abundant Blessings
- O'Brien Garden & Trees
- Garden Specialties
- Arnold Family Farm

Soldotna Wednesday Market

Soldotna Creek Park

June—Aug / Wednesday / 11am—5pm

Participating Farmers:

- Valley's Bounty Produce
- O'Brien Garden & Trees

Alaska Berries

48660 W. Poppy Lane, Soldotna

July—Oct / Wednesday-Sunday / 2pm—7pm

Anchor Point Locations

Anchor Point Farmers Market

Corner of Sterling Hwy and Milo Fritz Rd.

Saturdays / 10am—4pm

Participating Farmers:

- Alaskan Naturally Grown
- Scooters Ranch

Alaskan Naturally Grown

Mile 2 Northfork Road, Anchor Point

Call (907) 235-2264 for appointment or drop-in visit

Scooters Ranch

32840 Augusta Lane

Saturdays / 10am—4pm

Examples of Approved & Ineligible Produce

| Fruits | | Vegetables | |
|---|---------------|-------------|----------|
| Apples | Pears | Arti-chokes | Greens |
| Blue-berries | Pumpkins | Beets | Onions |
| Canta-loupe | Rasp-berries | Broccoli | Parsnips |
| Cherries | Rhubarb | Cabbage | Radishes |
| Marion-berries | Straw-berries | Carrots | Tomatoes |
| Peaches | | Corn | Yams |
| Fresh-Cut Herbs (not allowed for purchase with FVV) | | | |
| Basil | Dill Weed | Parsley | Tarragon |
| Chives | Mint | Rosemary | Thyme |
| Cilantro | Oregano | Sage | |
| Ineligible Foods | | | |
| Fruits or vegetables processed beyond their natural state | | | |
| Fruits or vegetables with added sugars, fats, or oils | | | |
| Dried fruits or vegetables | | | |
| Honey, tree or fruit syrups, cider or juice | | | |
| Vegetable-grain or fruit mixtures | | | |
| Nuts, seeds, fruit leathers or fruit roll-ups | | | |
| Eggs, meat, cheese, or seafood | | | |
| Canned or dried mature legumes | | | |

Questions?

Call your Local Agency
or the State Office at (907) 465-3100